



Teams 4 Significance

The Power of Teams

WORKSHOP



A **Team 4 Significance (TS)** is a group of passionately committed coaches and athletes who hold themselves accountable for achieving team success at the highest level. These coaches and athletes efficiently weave two seemingly clashing ideas; one of individual stardom and the other of personal sacrifice for the greater good, into a mosaic of teamwork and synergy that results in optimal team performance.

Final Score	Skills Learned	Team Culture
Character 4 Significance	Integrity Courage Self-Control Sportsmanship Fair Play	A Higher Standard of Excellence
Team Cohesion 4 Significance	Vision Core Values Relationships Collaboration Unselfishness	One Team – One Vision
Commitment 4 Significance	Desire Discipline Dedication Determination Diligence	Champions under Construction
Competitive Spirit 4 Significance	Positive Attitude Will to Win Focus Passion Perseverance	Every Day is Game Day
Competency 4 Significance	Self: Respect, Responsibility, Confidence, Improvement, Forgiveness Knowledge, Influence, Teaching, Decision Making, Innovation	Prime, Pump and Produce Team Energy
Communication 4 Significance	Mutual Respect Trust Belief Hope Optimism	Live the Champion Code
Caring 4 Significance	Coachable, Team Player, Compassion, Servanthood, Humility, Gratitude, Loyalty	The Heartbeat of a Winning Team

3D Coaching 4 Significance Formula: AS + CS = TS



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3D Teams 4 Significance (TS) Workshop

Presented by Patterson Sports Ventures

For more information contact **Carlette Patterson** at **602.361.4555** or **coach@carlette.com** – **www.pattersonsportsventures.com**

WORKSHOP	TIME	The 3D Teams 4 Significance Workshop is divided into 4 quarters and an overtime period.
1ST QUARTER	2 HOURS	<ul style="list-style-type: none"> - Examining yourself as a person and as a leader - Understanding your natural strengths based on the results from the Kolbe System - Using your natural skills to become a great coach or a great athlete
2ND QUARTER	2 HOURS	<ul style="list-style-type: none"> - Defining competitive greatness - Identifying and overcoming performance barriers - Seeing for miles, miles, and miles (vision)
3RD QUARTER	2 HOURS	<ul style="list-style-type: none"> - Cracking the core value code - Transforming words into actions - Creating a team covenant that defines a team's culture
4TH QUARTER	2 HOURS	<ul style="list-style-type: none"> - Building Team Cohesion - Instilling Team Commitment - Creating Team Spirit
OVERTIME	2 HOURS	<ul style="list-style-type: none"> - Summary - Lessons learned - Team presents their action plan
COACH	DR. RALPH PIM	<ul style="list-style-type: none"> - Professor of Physical Education and Director of Competitive Sports at the United States Military Academy. He oversees a competitive sports program for over 3,500 cadets. - Received national recognition for his team building expertise as a basketball coach, athletic administrator, and department chairperson. His administrative team at West Point was named "one of the 15 most influential sports education teams in America" for their impact on developing character through sport. - In 2009, selected as one of only 12 educators to be named as a Sports Ethics Fellow by the Institute for International Sport. - Authored nine books and has been a featured clinician at seven consecutive NABC conventions at the Final Four.
COACH	CARLETTE PATTERSON	<ul style="list-style-type: none"> - CEO of Patterson Sports Ventures, a company committed to utilizing the power of sports to equip and empower people to become "Agents of Change." - Developed and implemented a Sports Life Coaching curriculum being used by Arizona State University women's basketball and golf teams, West Point's women's soccer team; professional coaches in the US and internationally; the New Zealand Academy of Sport and Quantum Sports, New Zealand. - Featured speaker at the WBCA convention at the Final Four and working with additional college coaches and teams implementing 3D Coaching 4 Significance Program.